



Safety isn't just about
counting accident-free days
It's about who's counting on YOU

Eliminate distractions. PAS provides a wide array of counseling and life coaching services to support you and your dependents through the full spectrum of life events.

- Personal, family and relationship counseling
- Weight & nutrition coaching
- Personal health coaching
- Tobacco cessation coaching
- Life and well-being coaching
- Legal information
- Financial coaching
- Will kit
- Career & Retirement planning
- Continuing education
- Organization & productivity
- Parenting coach
- Child care consultation and referral
- Education planning
- Elder care coordination

A confidential service at no cost to
employees and their dependents

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