

Do you have nutrition and weight goals?

Don't know where to start?
Feeling stuck?

Let PAS help!

free and confidential
24/7/365
(800) 356-0845
www.paseap.com



PAS' team of dedicated dietitians can help you achieve your unique goals

- Weight management
- Meal planning
- Healthy recipes for you and your family
- Nutritional strategies to prevent or control health conditions such as diabetes, high cholesterol, high blood pressure and food intolerances


Personal Assistance Services